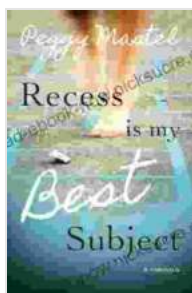


Recess Is My Best Subject: The Importance of Play in a Child's Development

Recess is an essential part of a child's development. It provides them with opportunities to socialize, develop gross motor skills, and learn how to resolve conflicts. All of these skills are important for a child's success in school and in life.



Recess Is My Best Subject by Peggy Mastel

★★★★☆ 4.8 out of 5

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|----------------------|-------------|
| Language | : English |
| File size | : 770 KB |
| Text-to-Speech | : Enabled |
| Screen Reader | : Supported |
| Enhanced typesetting | : Enabled |
| Word Wise | : Enabled |
| Print length | : 334 pages |
| Lending | : Enabled |



Socialization

Recess is an important time for children to socialize with their peers. They learn how to interact with others, how to cooperate, and how to resolve conflicts. These skills are essential for a child's success in school and in life.

When children play together, they learn how to take turns, share, and work together to achieve a common goal. They also learn how to express their feelings and how to resolve conflicts peacefully.

Gross Motor Skills

Recess is also an important time for children to develop their gross motor skills. These skills include running, jumping, throwing, and catching. Gross motor skills are important for a child's physical development and help them to stay healthy and active.

When children play outside, they have the opportunity to run, jump, and climb. These activities help to strengthen their muscles and bones and improve their coordination.

Conflict Resolution

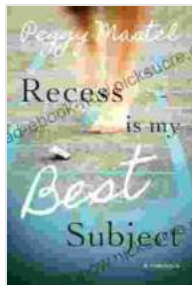
Recess is also an important time for children to learn how to resolve conflicts. Conflicts are a normal part of life, and it is important for children to learn how to resolve them peacefully.

When children play together, they will inevitably have disagreements. These disagreements can be about anything, from who gets to play with the ball to who gets to go first on the slide. It is important for children to learn how to resolve these disagreements without resorting to violence.

Recess provides children with a safe and supervised environment to practice resolving conflicts. With the help of their teachers and peers, children can learn how to talk about their feelings, how to compromise, and how to find solutions that work for everyone.

Recess is an essential part of a child's development. It provides them with opportunities to socialize, develop gross motor skills, and learn how to resolve conflicts. All of these skills are important for a child's success in school and in life.

If you are a parent, teacher, or caregiver, I encourage you to make sure that children have plenty of time for recess. It is one of the best ways to help them learn and grow.



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